

2015 国际作业治疗研讨会

21.3.2015

脑卒中後单侧忽略的评估與治療

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感知能力障碍

- 知觉是指大脑将感觉信号在感觉通路中经过复杂的加工处理后传到中枢神经，最终引起知觉，包括对各种感觉刺激的分析及对不同刺激的辨别能力
- 感知是指大脑将感觉信息综合为有含义的认识能力，一般可分为三大类：
 - 视觉感知失调(Visual Perceptual Disorders)
 - 失认症(Agnosia)
 - 失用症(Apraxia)



失认症

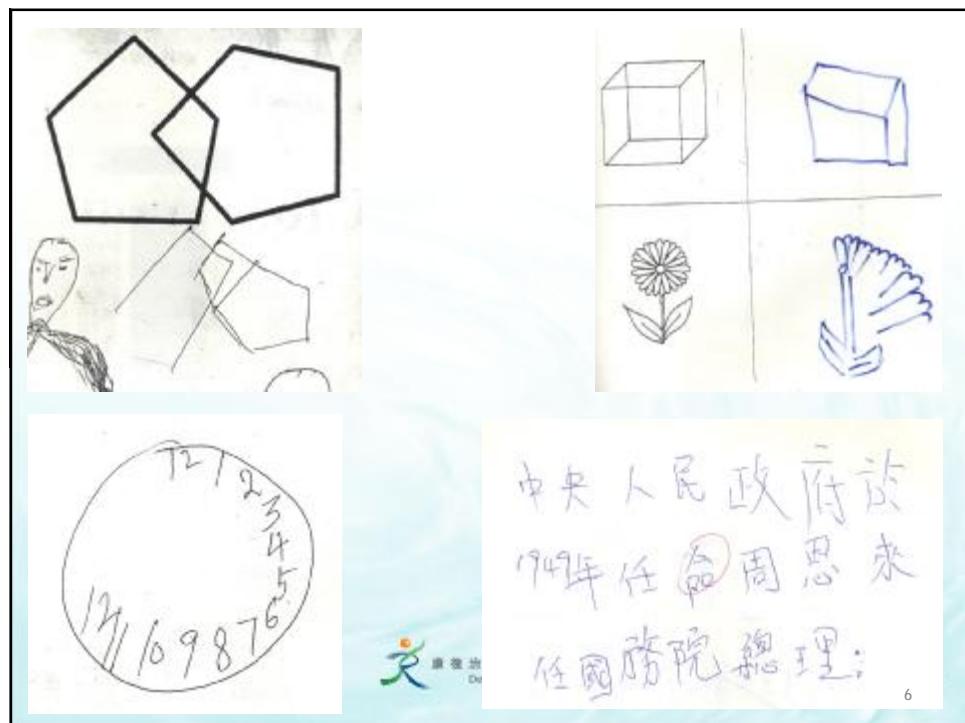
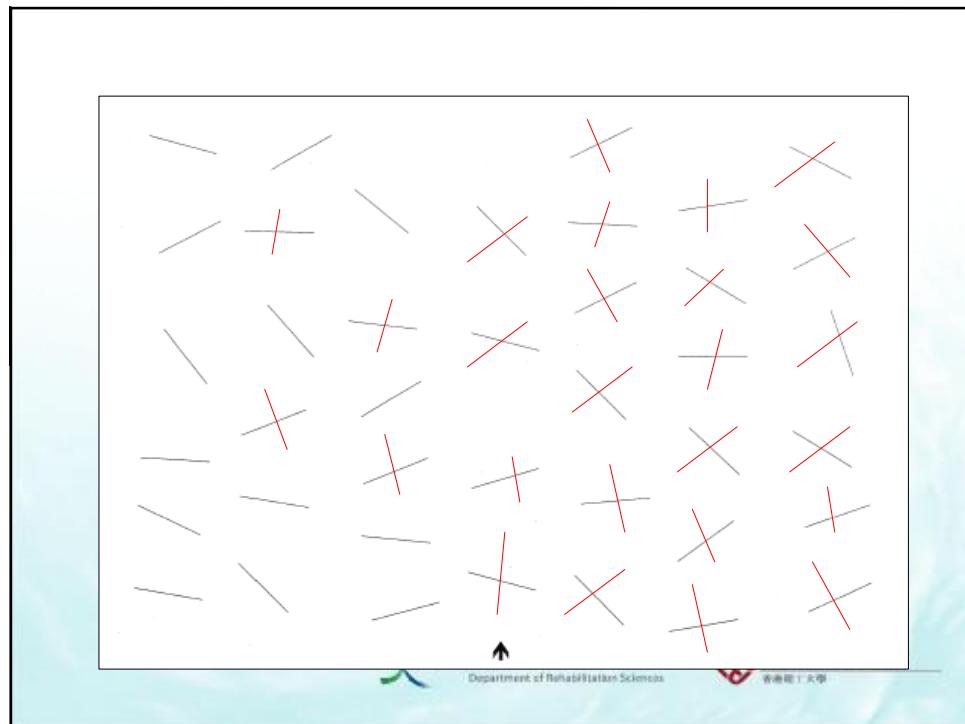
- 失认症是指患者不能认识经由某一感觉（如视觉、听觉和触觉）辨察的事物，是由于脑部受损使患者对经由视觉、听觉和触觉等途径获得的信息丧失了正确的分析和识别能力，即感觉皮质整合功能发生了障碍。
- (1) 单侧忽略(Uilateral Neglect)
- (2) 躯体失认症(Anosognosia)
- (3) Gerstmann综合症
- (4) 视觉失认症
- (5) 触觉失认症(实体丧失)



单侧忽略(Unilateral Neglect) (UN)

- 又称半体忽略或 Spatial neglect, Hemi-inattention, Spatial inattention, Motor neglect, Body neglect
- 偏瘫的常见现象，由简单的偏侧视觉忽略到躯体失认或目光不注意，或者头部不到中线。
- 占脑卒中左侧偏瘫患者13% to 81%不等，示乎筛选标准而定(Pierce & Buxbaum, 2002)。
- 左脑卒中47%右脑卒中72%(脑卒中后三天)。
- 左脑卒中26%-52%右脑卒中20%-0%(脑卒中后两月)。
- 会伴随其他感知能力障碍。





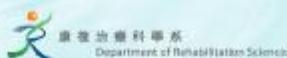
臨床篩選10項問題

- (1) 可否從行為觀察查出患者有單側忽略？
(2) 可否從桌面測驗查出患者有單側忽略？
(3) 患者有沒有偏盲 (hemianopia)?
(4) 患者有沒有兩側同步感覺消失 (extinction)?
(5) 患者有沒有軀體失認症 (anosognosia)?
(6) 患者有沒有其他感知障礙 (視覺感知, 失用症等)?
(7) 患者有沒有認知障礙 (cognition)?
(8) 患者有沒有嚴重偏癱 (severe hemiplegia)?
(9) 患者有沒有健側推倒症候群 (pusher syndrome)?
(10) 患者日常生活受到多少影響？

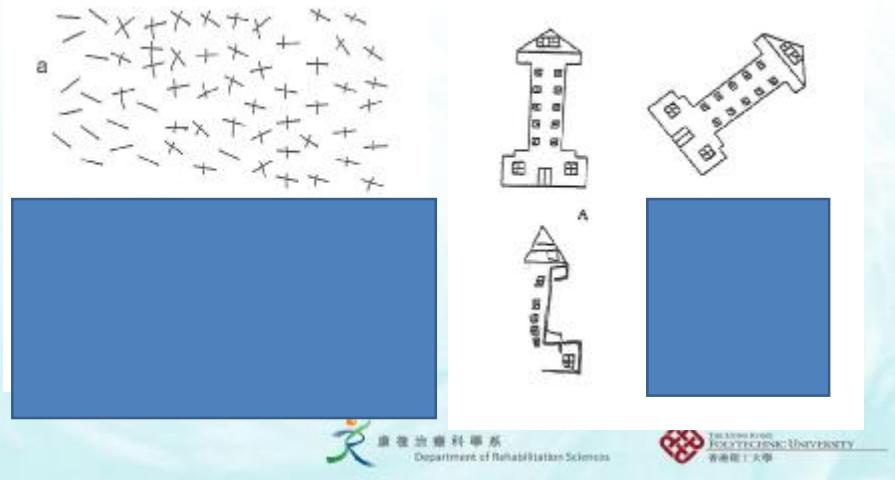


軀體失認症(anosognosia)

- 患者不承认自己瘫痪的手和脚
- 病人常常误以为是他人身体一部份或不承认是自己肢体的一部份



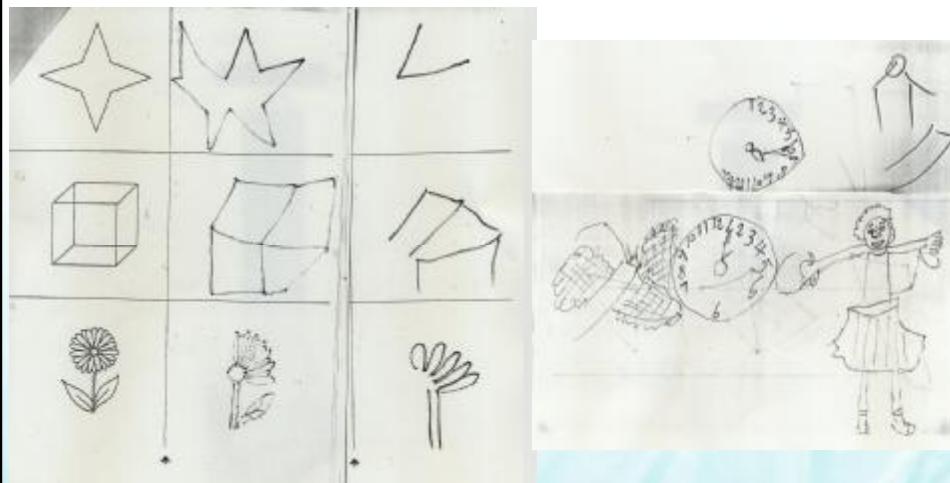
本體或物體坐標(Egocentric or allocentric frame of reference)



本體坐標為本(Egocentric)

- 眼球為本 (Retinocentric), 頭部為本 (Cephalocentric), 身體為本 (Somatocentric):
- (1) 眼球及頭部向右傾斜30度
- (2) 遮眼 (blindfolded)
- (3) 身體向患側轉身
- (4) 躺臥床上 (supine position)

物體坐標為本(Allocentric)

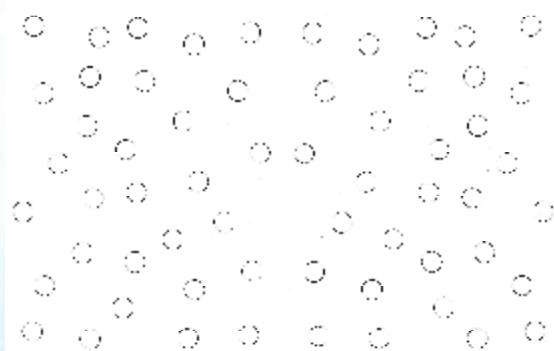


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Gap Detection Test (GDT) (Ota et al., 2001)

- 分辨本體/物體坐標
- 圓形及三角形刪圖測試
- 圈出完整圖形，刪去不完整圖形



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腦部損傷位置

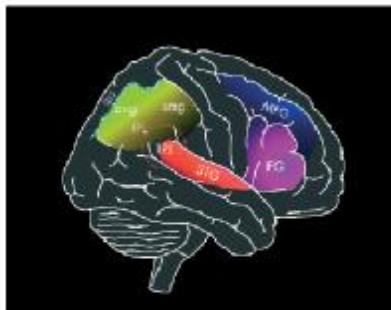


Figure 2: Cortical right hemisphere brain regions that have been associated with neglect include the angular (or long) and supramarginal (long) gyri of the inferior parietal lobe (IPL), the temporo-parietal junction (TPJ), the superior temporal gyrus (STG), and the inferior (IFG) and middle frontal (MFG) gyri.

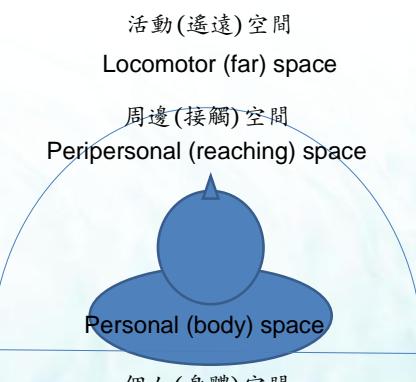


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空間表徵 (Spatial representation) (Rozzolatti & Camarda)

- Spatial neglect syndrome can be differentiated as neglect of:
 - 個人(身體)空間 Personal (body) space,
 - 周邊(接觸)空間 Peripersonal (reaching) space,
 - 活動(遙遠)空間 Locomotor (far) space



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大脑中动脉(上端)

影响区域: 额叶和顶叶的外侧面

- 意念性失用症
- 缺乏判断能力
- 病理性重复行为
- 领域从属性
- 削弱行为的组织能力
- 沮丧
- 情绪不稳定
- 失控
- 神情漠然
- 右半球机能失调
- 左边单侧身体忽略
- 左边单侧视觉忽略
- 躯体失认症
- 视觉空间关系失调
- 左边单侧意念性运动失用症
- 左半球机能失调
- 双边意念性运动失用症
- 表达失语症
- 挫折耐力低

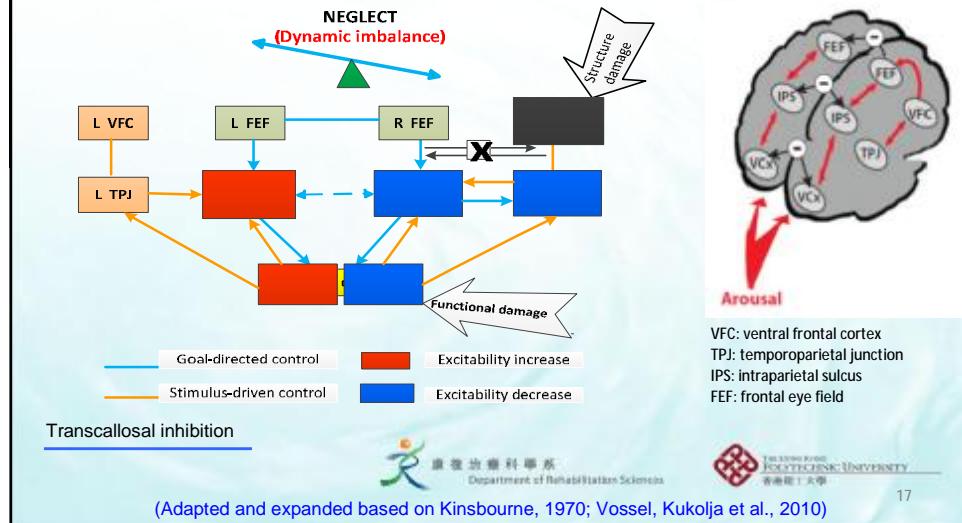


单侧忽略

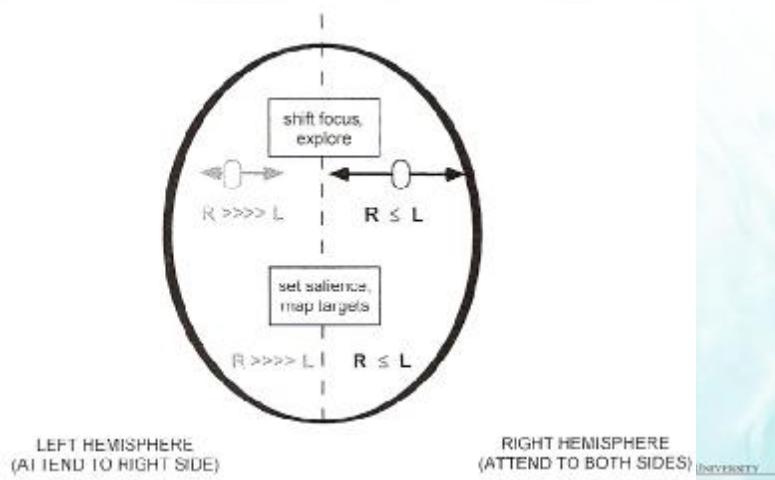
- 可能原因:
- 一. 损害部位对侧一半的视觉不注意(Hemi - attention)
- 二. 不能辨认对侧一半的空间注意
(Impaired spatial inattention)
- 三. 两侧身体感觉不对称(Extinction)



Model of the dorsal (DAN) and ventral (VAN) attention networks in UN



对侧空间注意不对称理論 Competition theory between R & L spatial sectors



两侧身体感觉不对称 (extinction)



Figure 1. Using taping device to simulate sensory extinction.



单侧忽略临床观察



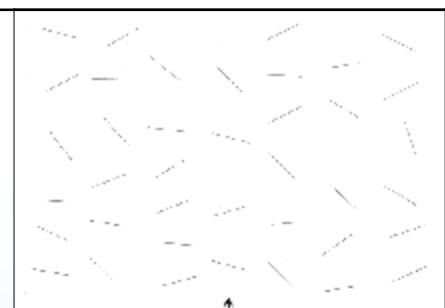
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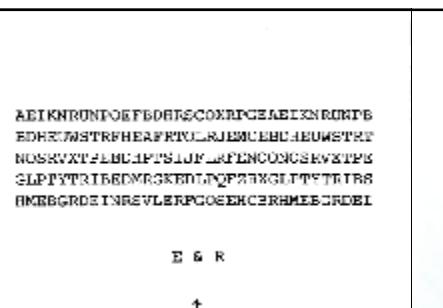
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B部分 測驗結果

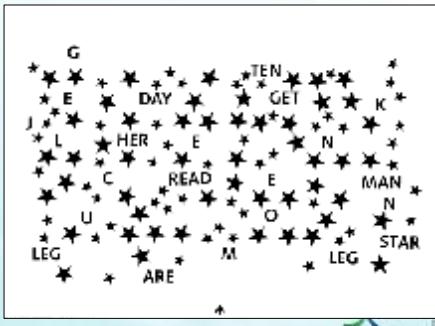
載模測試結果	積分	分界點	結論	行為測試結果	積分	分界點	結論
1. 划線	36	34	合格/不合格	1. 觀覽圖片	19	5	合格/不合格
2. 刪字母	40	32	合格/不合格	2. 打電話	19	7	合格/不合格
3. 删星星	54	51	合格/不合格	3. 諾菜譜	19	8	合格/不合格
4. 抄寫圖形和線條	71	3	合格/不合格	4. 閱讀文章	19	5	合格/不合格
5. 二分線段	79	7	合格/不合格	5. 報時和設置時間	19	8	合格/不合格
6. 代表性繪圖	33	2	合格/不合格	6. 整理便條	19	8	合格/不合格
總分	746	129	合格/不合格	7. 抄寫地址和句子	19	4	合格/不合格
				8. 找地圖	19	8	合格/不合格
				9. 整理卡片	19	8	合格/不合格
				總分	81	61	合格/不合格



Conventional - line crossing 劃線



Conventional - Letter crossing 刪字母



Conventional - star cancellation 刪星星

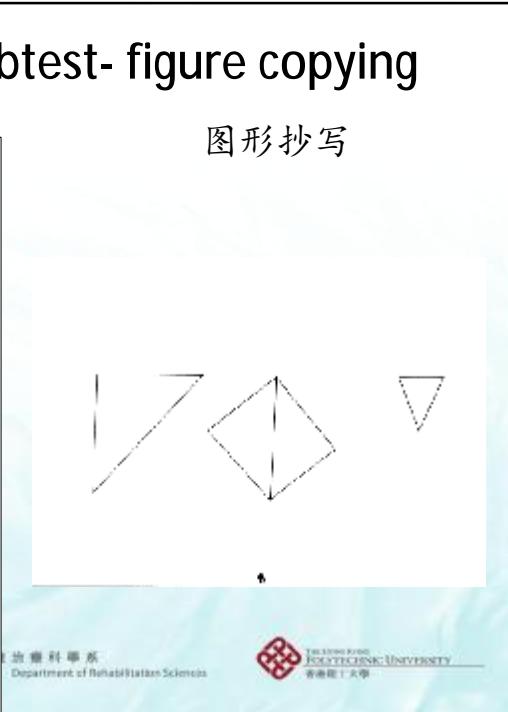
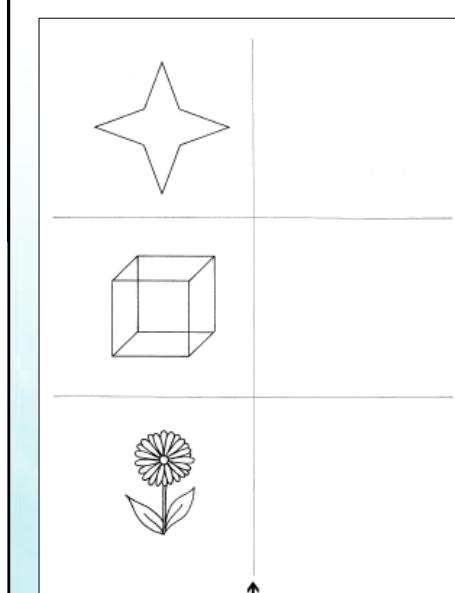


Conventional - line bisection 二分線段

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Conventional subtest- figure copying

图形抄写



行为测试- 图片浏览

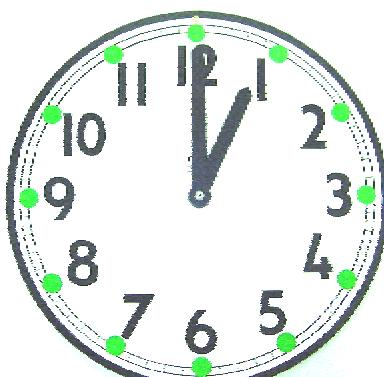


Behavioral subtest 行為測試

Telephone Dial 打電話



Set The Clock 報時和設置時間



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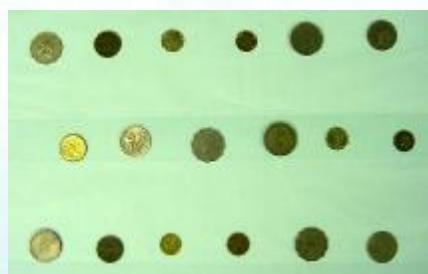
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Behavioral subtest 行為測試

Menu Reading 讀菜譜

茶頭	綠茶湯	仙草	蜜柑
七十骨	狗頭	葛粉	沙拉
蘋果	雪梨	荔枝	等第
火腿	火腿	西火	三文治
豆花	西多士	牛柳	撻子牛
六十骨	叉燒	火腿炒蛋	白飯

Coin Sorting 整理硬幣



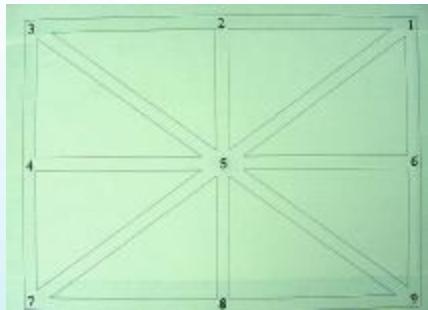
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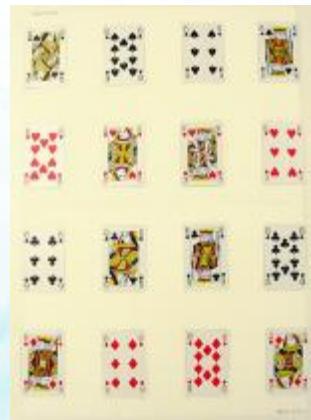
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Behavioral subtest 行為測試

Map Navigation 找地圖



Card Sorting 整理卡片



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自去年以來，許多城市的辦公室租金下降了。據近日公布的一項調查，倫敦和東京是全球辦公室租金最貴的城市，巴黎、莫斯科等城市

辦公室租金

進入了最貴的前 10 名之列。隨著大量閒置辦公室返回市場，英國可利用的辦公空間顯著增加了，在亞太地區，中國大陸和泰國是在辦公室租金上升的國家。

Behavioral subtest 行為測試
- Article Reading 閱讀文章

1628 號 南 朗 山 道
南 海 大 廈
陳 華

Behavioral subtest 行為測試
- Address Copying 抄寫地址和句子

中 央 人 民 政 府 於 _____
1949 年 任 命 周 恩 来
任 國 務 院 總 理

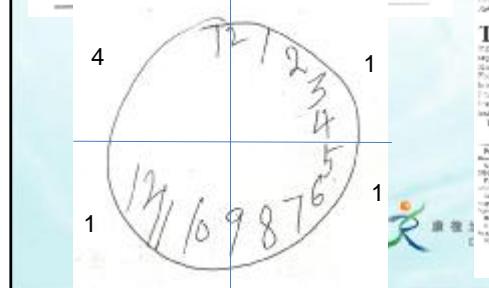
中央人民政府於
因來

Behavioral subtest 行為測試
- Address Copying 抄寫地址和句子

劃鐘面測試 (Watson's Clock Drawing Test)

Table 2: Watson Scoring System for Clock Drawing

Score	Description
1	Divide the circle into 4 equal quadrants by drawing one line through the center of the circle and the number 12 (or the mark that best represents 12), and a second line perpendicular to the first.
2	Count the number of digits in each quadrant in the clockwise direction, beginning with the digit corresponding to number 12. Each digit is counted only once. If a digit falls on one of the reference lines, it is included in the quadrant that it coincides with. Any three digits in a quadrant is considered to be correct.
3	For any error in the number of digits in the first, second, or third quadrants, assign a score of 1. For any error in the number of digits in the fourth, assign a score of 4. Scores



Brief Cognitive Screening of Right Hemisphere Stroke: Relation to Functional Outcome

ANNA DIAZ, MD; ZACHARY FISHMAN, MD

OBJECTIVE: To determine whether brief cognitive screening of right hemisphere stroke patients can predict functional outcome.

SETTING: Inpatients with acute stroke were evaluated at a single site.

DESIGN: A prospective study comparing the results of the MoCA test with functional outcome.

MAIN OUTCOME MEASURE: The MoCA test was compared with functional outcome as measured by the modified Rankin Scale (mRS).

RESULTS: Of the 120 patients, 100 had right hemisphere stroke.

CONCLUSION: The MoCA test is a useful tool for identifying right hemisphere stroke patients who have poor functional outcome.

KEYWORDS: stroke, MoCA, right hemisphere, functional outcome.

INTRODUCTION: Stroke is a leading cause of death and disability worldwide. Stroke is a heterogeneous disease process involving multiple brain regions. The right hemisphere is involved in language, memory, and visuospatial function. The MoCA test is a brief cognitive screening test that has been shown to be effective in detecting cognitive impairment in stroke patients.

METHODS: We performed a prospective study of 120 consecutive patients with acute stroke admitted to our hospital.

RESULTS: Of the 120 patients, 100 had right hemisphere stroke. The MoCA test was able to identify 80% of patients with poor functional outcome. The MoCA test was also able to identify 80% of patients with good functional outcome.

CONCLUSION: The MoCA test is a useful tool for identifying right hemisphere stroke patients who have poor functional outcome.

KEYWORDS: stroke, MoCA, right hemisphere, functional outcome.

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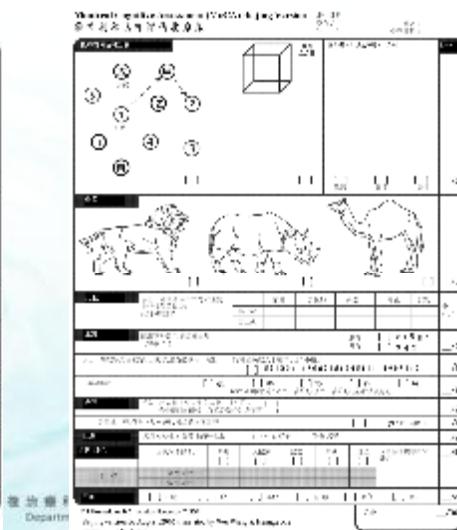
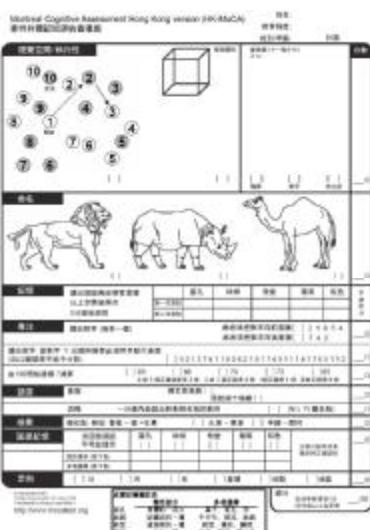
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Montreal Cognitive Assessment (MoCA)



功能活动行为观察

- 方法是观察病人者做一些基本的自我照顾活动时的专注力、瞬时/短期记忆能力和长期记忆能力、方向感、学习能力、应变及判断能力。
- 治疗师更可利用日常生活问卷的辅助来向家属取得更多资料。
- A-ONE功能活动行为观察 - 主要从四项活动-移位、梳洗、进食、穿脱衣物去观察脑创伤病人者其感知障碍。

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AONE 神經行動分析 – Neurobehavioral Evaluation

- By Arnadottir, G. (1998)
- 4 main activities:
Grooming, feeding,
dressing, transfer



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A-UPB Part I Functional Independence Scale and Sensory/Motor Specific Impairment Subscale Assessing Functional Therapy Department, Eskenazi Hospital																																															
Name:	MR HUMBERTO VILLALBA, 2001																																														
Gender:	Male																																														
Age:	50 years old																																														
Disability:	2 = Patient able to perform self-care activities, but need assistance of caregiver to do so																																														
INDEPENDENCE SCALE (IP)																																															
<p>4 = Independent in patient with additional assistance - not able to eat, bathe, dress, use toilet, or get in and out of bed without assistance.</p> <p>3 = Needs minimal assistance</p> <p>2 = Needs moderate assistance</p> <p>1 = Needs extensive assistance</p> <p>0 = Total dependence. Totaly dependent on another.</p>																																															
LIST RELATING AIDS USED:																																															
SENSORY AND ACTIVITY <table border="1" style="width: 100%;"> <thead> <tr> <th>DISABILITY</th> <th>IP SCORE</th> <th>COMMENTS AND REASONS</th> </tr> </thead> <tbody> <tr> <td>Visual loss</td> <td>4</td> <td>2</td> </tr> <tr> <td>Fax</td> <td>4</td> <td>5</td> </tr> <tr> <td>Phone</td> <td>4</td> <td>3</td> </tr> <tr> <td>Shower</td> <td>4</td> <td>2</td> </tr> <tr> <td>Food</td> <td>4</td> <td>2</td> </tr> <tr> <td>Transport</td> <td>4</td> <td>2</td> </tr> <tr> <td>Total</td> <td>4</td> <td>3</td> </tr> </tbody> </table>			DISABILITY	IP SCORE	COMMENTS AND REASONS	Visual loss	4	2	Fax	4	5	Phone	4	3	Shower	4	2	Food	4	2	Transport	4	2	Total	4	3																					
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DISABILITY	IP SCORE	COMMENTS AND REASONS																																													
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 © 1998, George A. Bergego																																															

Catherine Bergego Scale (CBS)

CBS 行為觀察量表

Functional Consequences and Awareness of Unilateral Neglect: Study of an Evaluation Scale

P. Azary¹, P. Marchal², C. Samad¹, L. Marin¹, C. Eustache¹,
A. Louis-Dreyfus¹, C. Jolka¹, L. Mait³, F. Pradat-Delvall¹,
G. Deloche¹, and C. Bergego¹

¹Service de Rééducation Neurologique, Hôpital Raymond Poincaré, Paris,
²Centre de Rééducation Neurologique, Hôpital de la Salpêtrière, Paris,
³Centre de Rééducation, Centre Hospitalier Universitaire Sainte-Justine, Montréal, Québec, Canada

¹Service de Rééducation, Hôpital Pellegrin, Bordeaux, France

Catherine Bergego Scale is a series of 10 items of poor outcome after right hemisphere stroke. It measures level of neglect due to prefrontal damage. It is a quick test to detect unilateral neglect in daily life activities: washing, eating, dressing, eating/drinking, writing, moving around, and moving objects. The Catherine Bergego scale (CBS) measures indirectly how patients have found themselves. The test is based on the patient's behavior, not on his/her own self-report. The 10 items were considered most relevant from a neglect point of view. The CBS score consists of one item score of neglect and one score of the patient's awareness of neglect. The total CBS score is calculated by adding the scores of the 10 items. The CBS score can be interpreted differently between the score on the scale and the patient's self-report. This interpretation needs to be well understood. We believe that the CBS is a useful tool to evaluate that the scale is a simple and reliable test to evaluate the behavioral consequences of unilateral neglect in stroke patients and in everyday life.

Response to envoi should be sent to Philippe Azary, Service de Rééducation, Neurologie, Hôpital Raymond Poincaré, 91140 Châtenay-Malabry, France.
We are indebted to R. Boissé, I. Tardieu, H. Marquet, L. Pihet, F. Tolosa, and M. Viallefond for their help in the construction of the CBS. We also thank Dr. G. Duffau, Dr. P. Puel, Dr. P. Pochot, Dr. A. Saliot, and M. Van der Linde, who participated in the recruitment of patients used in the study. We are grateful to A. Vassiloff for helping us to draft the manuscript.

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Catherine Bergego Scale	/30	
洗漱是忘记清理一边	/3	左 右
穿脱一边袖子有困难	/3	左 右
饮食忘记吃一边的食物	/3	左 右
一边口腔经常有食物残留	/3	左 右
很少向一边看	/3	左 右
将一侧肢体落在一旁	/3	左 右
很难关注来自一侧的声音和事件	/3	左 右
一侧肢体经常碰到物件	/3	左 右
对于左转或右转的路线经常走错	/3	左 右
经常找不到放在一边的东西	/3	左 右

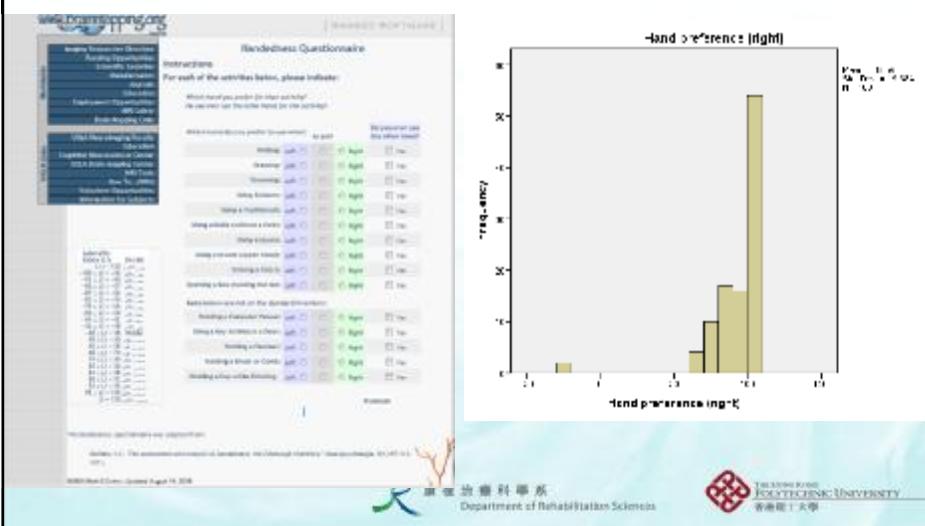
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Department of Rehabilitation Sciences
JIAOZUO TAI UNIVERSITY
香港理工大學

2015 中风患者单侧忽略的流行病学调查
(香港理工大学康复治疗科学系, 四川大学灾后重建与管理学院)

	Total (N=103)
Gender, n (%)	
Male	79 (76.7)
Female	24 (23.3)
Education	
No formal education	6 (5.8)
Primary	17 (16.5)
Low secondary	26 (25.2)
High secondary	29 (28.2)
College/ University	21 (20.4)
Post-graduate	4 (3.9)
Time to first stroke	
< 1 week	5 (4.9)
1-2 weeks	10 (9.7)
2-4 weeks	13 (12.6)
1-3 months	33 (32.0)
3-6 months	21 (20.4)
> 6 months	21 (20.4)
Type of stroke	
Haemorrhage	40 (38.8)
Infarction	63 (61.2)
Hemiplegic side	
Left	72 (69.9)
Right	31 (30.1)
Incidence of neglect (by total BIT)	
Yes	44 (42.7)
No	59 (57.3)

Handedness Questionnaire

(強手能力問卷)



2015 中风患者单侧忽略的流行病学调查
(香港理工大学康复治疗科学系, 四川大学灾后重建与管理学院)

Incidence of neglect (by total BIT)	All (N=103)	Left hemiplegia (N=72)	Right hemiplegia (N=31)
Yes	44 (42.7)	34 (47.2)	10 (32.3)
No	59 (57.3)	38 (52.8)	21 (67.7)

N (%)	Incidence of neglect
BIT – Line crossing	30 (29.1%)
BIT – Letter cancellation	44 (42.7%)
BIT – Star cancellation	46 (44.7%)
BIT – Figure and shape copying	55 (53.4%)
BIT – Line bisection	41 (39.8%)
BIT – Representative drawing	58 (56.3%)
BIT conventional subtests total score	44 (42.7%)
Clock drawing test (CDT)	42 (40.8%)
Catherine Bergego Scale (CBS)	27 (26.2%)
Ota test (Egocentric)	32 (31.1%)
Ota test (Allocentric)	17 (16.5%)
Ota test (Egocentric + Allocentric – overlapping)	38 (36.9%)

2015 中风患者单侧忽略的流行病学调查
(香港理工大学康复治疗科学系, 四川大学灾后重建与管理学院)

Ota test - Egocentric left neglect	Ota test - Allocentric left neglect		
	No	Yes	Total
No	77 (74.7%)	2 (1.9%)	79 (76.7%)
Yes	14 (13.6%)	10 (9.7%)	24 (23.3%)
Total	91 (88.3%)	12 (11.7%)	103

Ota test - Egocentric right neglect	Ota test - Allocentric right neglect		
	No	Yes	Total
No	91 (88.4%)	4 (3.9%)	95 (92.2%)
Yes	7 (6.8%)	1 (1.0%)	8 (7.8%)
Total	98 (95.1%)	5 (4.9%)	103

Cochrane Library

偏身忽略的治疗方法

The screenshot shows a search result from the Cochrane Library. The title is "Cognitive rehabilitation for spatial neglect following stroke (Review)". Below it is another review titled "Treatments of Unilateral Neglect: A Review". The page includes abstracts, authors' information, and a large blue circular logo for The Cochrane Collaboration.

Cognitive rehabilitation for spatial neglect following stroke (Review)

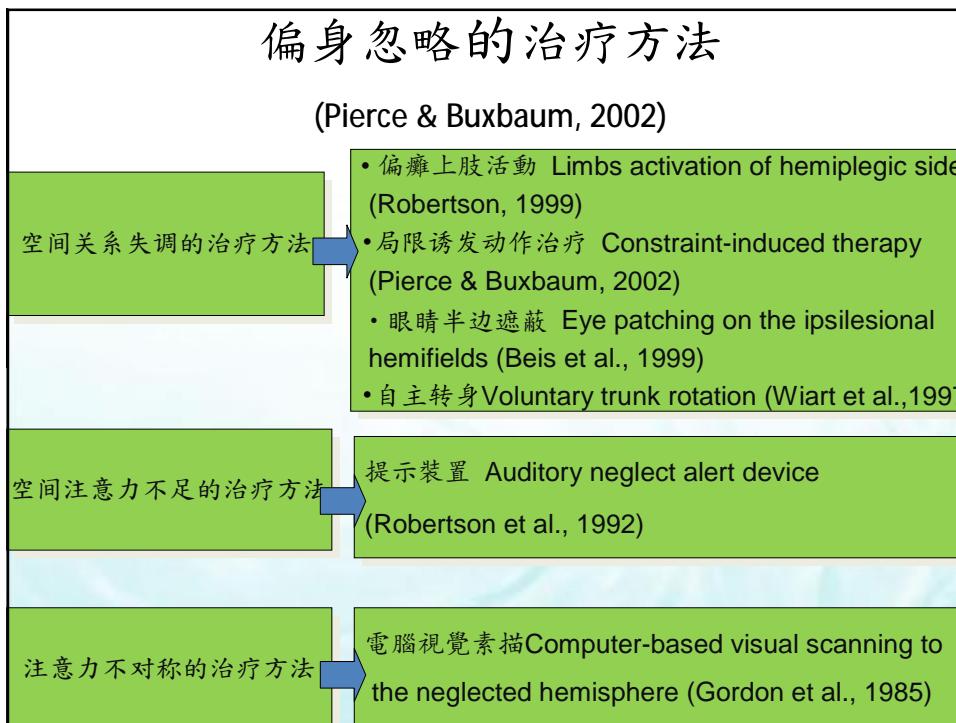
Treatments of Unilateral Neglect: A Review

Bracha Luria NH

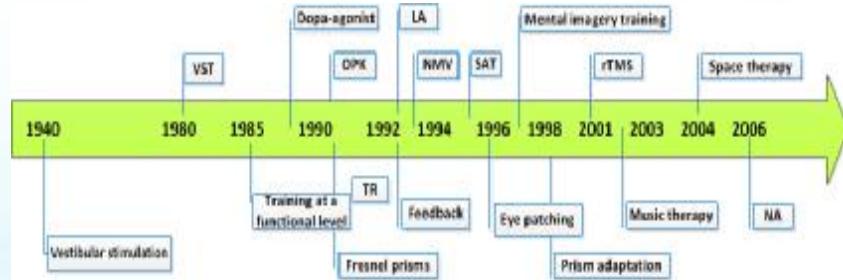
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BACKGROUND-Rehabilitation



VST: visual scanning training; LA: limb activation; rTMS: repetitive transcranial magnetic stimulation; SAT: sustained attention training; OPK: optokinetic; NMV: neck muscle vibration; TR: trunk rotation; NA: noradrenergic agonist.

- More than 18 methods have been put into practice with varying results based on a large number of outcome measures

Adapted from (Luauté, Halligan et al., 2006)



45

Classifications of intervention design

(Saevarsson, Halsband & Kristjansson, 2011)

- (1) 被動式 Passive VS 主動式 Active
- (2) 恢復式 Restorative VS 補償式 Compensatory
- (3) 由上而下 Top-down VS 由下而上 Bottom-up

想像治疗 Imagery (由上而下 Top-down approach)



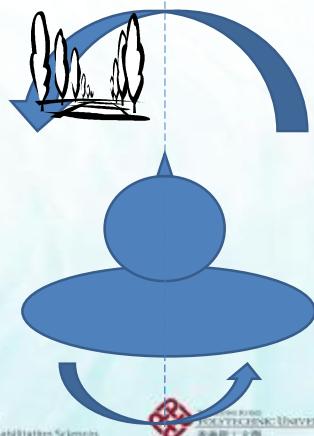
Figure 8.6 Where is the thickest rod?

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Ref: Yekutiel, M. (2000). Sensory re-education of the hand after stroke. London: Whurr Publishers Ltd.

視覺運動促進

Optokinetic stimulation (OKS)

- The perception of our body in space is influenced by visual motion information
- If we look at a large visual display that fills our field of vision and moves to the left, we have an impression that our body rotates toward the right
- We try to compensate for this perceived rotation to the right by re-orienting ourselves to the left, and will counteract the rightward-orientation-bias in neglect.
- Pizzamiglio et al. (1990); Keller et al. (2009); Kerkhoff et al. (2008); Kerkhoff (2012)



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頸部震動 Neck vibration (NV)

- Vibration over the left neck muscles induces lengthening of the stimulated muscles, which induces an illusion of a continuous, constant movement to one side
- The illusion is present as long as the vibration stimulus is applied
- Not only the head is feeling toward the right but also that the trunk is rotated toward the left relatively
- Karnath et al. (1993; 1996); Karnath (1995); Kamada et al. (2011)



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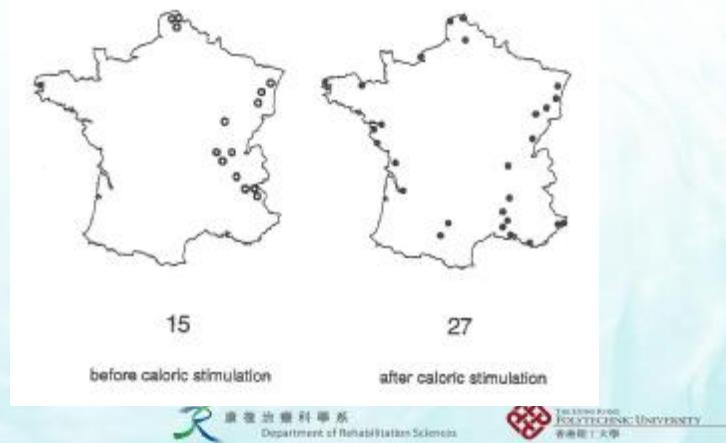
冷水前庭刺激 Caloric vestibular stimulation (CVS)

- Cold water (caloric) vestibular stimulation (CVS) of the contralateral ear or warm water stimulation of the ipsilateral ear, e.g. 10-15 mins, stimulates the horizontal ear canal of the vestibular system and induces a vestibular nystagmus (i.e. reflexive, rhythmical oscillations of the eyeballs, “Schlagfeld” of the nystagmus)
- Rode et al. (1992; 1998); Karnath (1994); Vallar et al. (1997; 2003)

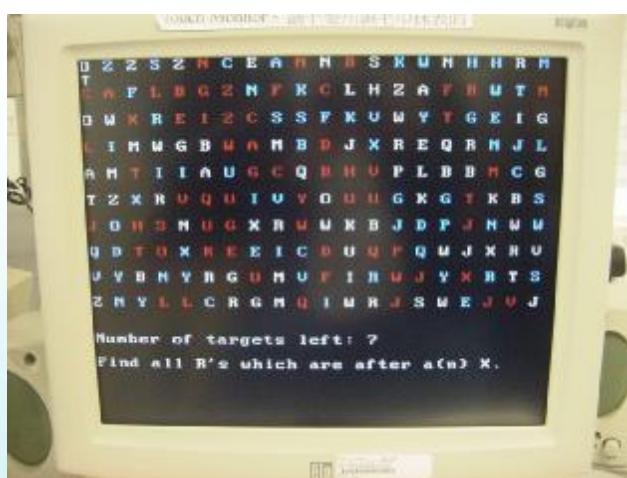
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冷水前庭刺激 Caloric vestibular stimulation (CVS)



視覺素描治疗 Visual Scanning



Captain' s Log (Scanning Location/Time)

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Polytechnic University

右眼睛半边遮蔽治疗: 随机对照临床研究 Eye patching (EP)[Tsang, Sze, Fong (2009)]

研究(2)

The image contains three parts: a clinical trial abstract titled 'Effectiveness of eye patching versus occlusion therapy for patients with strabismus and amblyopia: A randomized controlled trial' by Tsang, Sze, and Fong; a photograph of a pair of clear plastic eye patches with blue elastic straps; and a photograph of a patient wearing glasses and a white coat, sitting at a desk and looking down at some papers.

The diagram illustrates seven types of visual field deficits and their corresponding neural pathways:

1. Circumferential blindness ("tubular vision"). May be due to hysteria, optic or retrobulbar neuritis.
2. Total blindness of right eye due to complete lesion of right optic nerve such as trauma.
3. Bitemporal hemianopia due to chiasmatic lesions such as pituitary tumors.
4. Right nasal hemianopia due to lesion involving perichiasmatic area such as calcified right internal carotid artery.
5. Right homonymous hemianopia due to lesion of left parietal or temporal lobes with pressure on left optic tract.
6. Right homonymous inferior quadrantanopia due to partial involvement of optic radiations (upper portion of left optic radiation in this case).
7. Right homonymous hemianopia with no pupillary change due to complete involvement of the left optic radiation.

Labels in the diagram include: L, R, Nasal, Temporal, Visual fields, Horizontal section of the visual fields, Left optic nerve, Left optic tract, Superior colliculi, Lateral geniculate body, Geniculocalcarine tract, Optic radiation, and Optic chiasm.

Ipsilateral Right half-field eye patching

Figure 2.1 Visual field deficits and associated lesions after. Reproduced with permission.

稜鏡適應 Prism adaptation (PA)



Prism Adaptation Therapy Enhances Rehabilitation of Stroke Patients With Unilateral Spatial Neglect: A Randomized, Controlled Trial

Kazuhiko Haga, MD,^{1,2} Tatsuya Tanii, MD, PhD,¹
Tomo Itohara, MD,^{1,2} Yoshiyuki Nagata, MD,^{1,2}
Kuniaki Haga, PhD,^{1,2} Kenji Nagata, PhD,^{1,2}

Abstract. *Spatial neglect after stroke is often a long-term problem that requires extensive rehabilitation. Prism adaptation therapy has been proposed as a promising approach to enhance the rehabilitation of stroke patients with spatial neglect. In this study, we conducted a randomized controlled trial to evaluate the effectiveness of prism adaptation therapy on spatial neglect symptoms in stroke patients. Thirty patients with unilateral spatial neglect were randomly assigned to receive prism adaptation therapy or no prism adaptation therapy. The prism adaptation group received prism adaptation therapy for 1 month, followed by a 1-month period without prism adaptation therapy. The control group received no prism adaptation therapy for 2 months. The primary outcome measure was the total score of the Japanese version of the Neglect-Symptom Scale (JNNS) at 1 month after the end of the intervention. The secondary outcome measures were the total scores of the JNNS and the modified National Institute of Health Stroke Scale (NIHSS) at 1 month after the end of the intervention. The primary outcome measure showed a significant difference between the two groups (mean difference, 1.5 points; 95% confidence interval [CI], 0.1–2.9; P = .04). The secondary outcome measures also showed significant differences between the two groups (mean difference, 0.5 points; 95% CI, 0.1–0.9; P = .02 for NIHSS; mean difference, 0.5 points; 95% CI, 0.1–0.9; P = .02 for JNNS).*

Keywords: stroke, spatial neglect, prism adaptation, rehabilitation

Effectiveness of Prism Adaptation in Neglect Rehabilitation A Controlled Trial Study

Audrey Seley, PhD, Victoria Beaton, PhD, Maia Liao, PhD, Bradley H. D'Onise, PhD, and Paul Renshaw, PhD. This study was designed to evaluate the effectiveness of prism adaptation therapy (PA) in a single-blind, randomized controlled trial. Thirty stroke patients with unilateral spatial neglect (USN) were recruited from three groups: USN + PA, USN + no PA, and USN + no PA + prism adaptation therapy (PA). The USN + PA group received prism adaptation therapy for 1 month, followed by a 1-month period without prism adaptation therapy. The USN + no PA group received no prism adaptation therapy for 2 months. The USN + no PA + PA group received no prism adaptation therapy for 1 month, followed by a 1-month period with PA. Rehabilitation outcomes were evaluated at baseline and 1 month after the intervention.

Abstract. A comprehensive review of the literature on prism adaptation therapy for stroke patients with spatial neglect revealed that prism adaptation therapy is effective in reducing spatial neglect symptoms in stroke patients. However, the evidence is limited to small-scale studies, and the mechanisms underlying the effects of prism adaptation therapy on spatial neglect remain unclear.

Keywords: prism adaptation, stroke, spatial neglect, rehabilitation

Ineffectiveness of Prism Adaptation on Spatial Neglect Signs

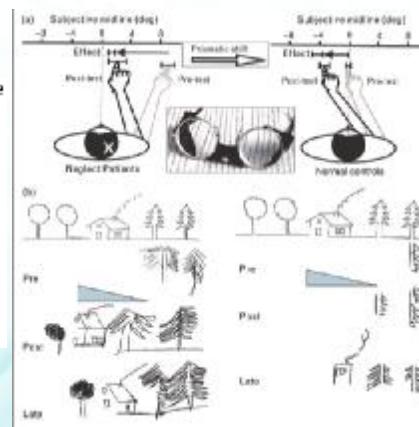
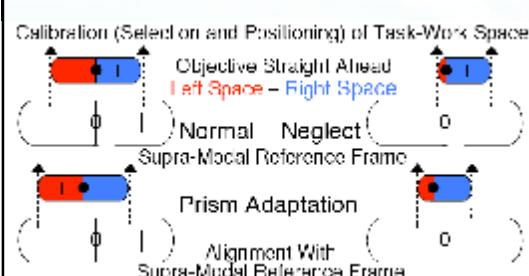
Shai Rotman, MD, PhD; trifore Gonen, PhD; Amiel Sif, PhD; Oded Kotzovik, MD. **Background and Purpose:** To test the effectiveness of prism adaptation therapy (PAT) on spatial neglect signs. **Methods:** Ten patients with stroke and 10 healthy volunteers participated. Participants wearing right-side prism glasses were asked to copy a target object in the left visual field. **Results:** No significant improvement in the spatial neglect signs was found. **Conclusion:** PAT does not improve spatial neglect signs in stroke patients.

Keywords: prism adaptation, stroke, spatial neglect, rehabilitation

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稜鏡適應 Prism adaptation (PA)



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稜鏡適應 Prism adaptation (PA)

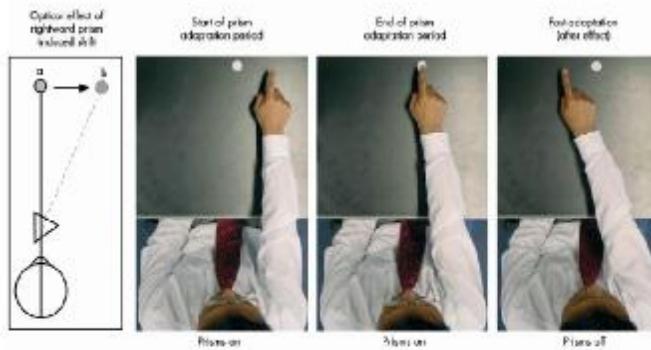


Figure 3 Adaptation to a rightward displacement in an observer's vision produced by a prism. When viewing a scene through the visual prism, all points are displaced horizontally to the right with respect to the optical axis of the retina (first panel). Hence, an object at point 'a' will appear to be located at point 'b'. The adaptation process requires the observer to reach for targets repeatedly within the visual scene. At the start of the process (second panel), participants will reach to the right of the target, an error referred to as the disadaptation. This error will rapidly diminish and disappear entirely as the participant adapts to the visual shift (third panel); however, to enable the participant to adapt fully, approximately 50 repetitions should be completed. When the prism is removed, the participant will experience an opposite deviation in the visual field (fourth panel), an error known as the after-effect. In normal observers this after effect will disappear after only a few minutes.



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自主转身及遮蔽半边眼睛治疗： 随机对照临床研究

研究(3)

Clinical Rehabilitation 2007; 21: 296–311

The effect of voluntary trunk rotation and half-field eye-patching for patients with unilateral neglect in stroke: a randomized controlled trial

Authors: Liang Gong, Department of Rehabilitation Sciences, Hong Kong Polytechnic University, Hong Kong; Pei Liang, Faculty of Medicine, Chinese University of Hong Kong, Shatin, New Territories, Hong Kong; Yat-Tung Chan, Department of Rehabilitation Sciences, Chinese University of Hong Kong, Shatin, New Territories, Hong Kong; Chi-Yin Wong, Department of Rehabilitation Sciences, Chinese University of Hong Kong, Shatin, New Territories, Hong Kong; and Ming-Han Chen, Department of Rehabilitation Sciences, Chinese University of Hong Kong, Shatin, New Territories, Hong Kong

Received 08 September 2006; accepted 07 November 2006; revised manuscript accepted 17 December 2006

Objective: To investigate the role of voluntary trunk rotation and half-field eye-patching in treat patients with unilateral neglect or stroke.

Design: Pre-post, day off follow-up, single-blinded randomized controlled trial.

Setting: Rehabilitation unit of a teaching hospital.

Subjects: Sixty infarcting patients with right hemiparesis having unilateral neglect within eight weeks post stroke stratified to participate between November 2004 and July 2006. They were randomly assigned to three groups:

Interventions: Nineteen patients received daily incremental training in voluntary trunk rotation and half-field eye-patching for 1 h/day for 10 days.

Twenty-eight patients received daily incremental training in voluntary trunk rotation and half-field eye-patching for 1 h/day for 10 days.

Twenty-three patients received conventional treatment, training with the same duration, time, and frequency.

Main outcome measures: Patients were assessed on days 0, 20 and 60 using the Behavioural Neglect Test, the Clock Drawing test, and the Functional Outcome Measure.

Results: No significant differences between voluntary trunk rotation (TR) voluntary trunk rotation and half-field eye-patching (TR + EP) and control were found in functional performance and neglect measure on day 0 ($F = 0.02$, $P = 0.98$) and after intervention ($F = 0.01$, $P = 0.99$) and day 60 ($F = 0.01$, $P = 0.99$).

Conclusion: The results of this study do not support the use of voluntary trunk rotation alone or with half-field eye-patching to improve functional performance or reduce unilateral neglect in subacute patients with stroke.

• 3組：

• 自主向左转身
(Voluntary trunk rotation to hemiplegic side)

• 自主向左转身及右眼
睛半边遮蔽 (Trunk rotation right half-field eye patching)

• 傳統治(Conventional therapy)

Address for correspondence: Liang Gong, Department of Rehabilitation Sciences, The Hong Kong Polytechnic University, Hung Hom, Kowloon, Hong Kong.
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治疗方法

每天一次一小时，周日休息，四周一疗程，另外有十五分钟日常生活训练。

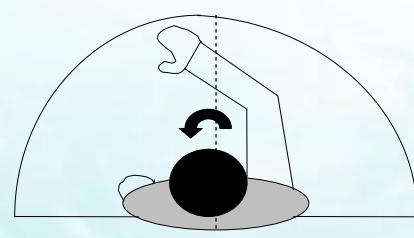


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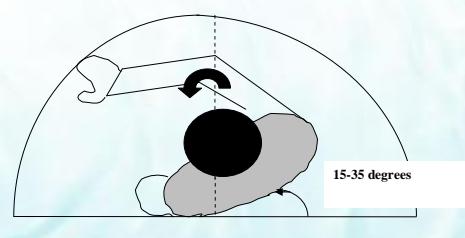
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TR as initiated by the ipsilesional UL
toward the contralateral space

Midline



Midline



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治疗方法



Supine Lying



Sitting



Standing
Department of Rehabilitation Sciences



自主向左转身+右眼睛半边遮蔽



评定方法(单盲)

- 1) 偏身忽略测试-香港中文版(2003)
(Behavioral Inattention Test)
(CBIT-HK);
- 2) 日常生活独立能力评分(Functional Independence Measure) (FIM);
- 3) 简短智能测验(MMSE)
- 评定次数三次, 分别在:
 - 1) 入院时(干预前);
 - 2) 四周(干预后); 及
 - 3) 八周到两个月(跟进)。

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结论

- 第1干预组在FIM的行动得分有明显差异有明显的效果，尤其在移位方面。
- 第1及2组(自愿躯干旋身及半边遮蔽)和第3组(对照组)在减低忽略则没有明显分别。
- 结果证明自主转身治疗活动对改善半身忽略病人的功能活动方面来说，对比传统的日常生活活动，不是更为有效。

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E8 星島副刊 FEATURES SUNDAY DAILY

健新知

提示錶 提醒半身偏癱者運動

理大感知手表 治偏癱新法

香港理工大学推出感知手表

香港理工大学推出感知手表，帮助半身偏瘫患者运动。感知手表通过振动提醒患者进行运动，从而改善患者的生活质量。

感知手表治疗原理

感知手表通过振动提醒患者进行运动，从而改善患者的生活质量。

感知手表治疗效果

感知手表治疗效果显著，许多患者在使用后能够恢复正常的生活。

感知手表治疗案例

感知手表治疗案例展示了患者在使用感知手表后恢复正常的生活。

A16

提示錶 助半身偏癱病人康復

感知手表治疗原理

感知手表通过振动提醒患者进行运动，从而改善患者的生活质量。

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感知手表治疗案例

感知手表治疗案例展示了患者在使用感知手表后恢复正常的生活。

A22

Newspapers Reporting

Health & Beauty

Timing your recovery

STROKE IS THE most significant cause of severe disability in Hong Kong, according to the rehabilitation experts, who have found the patient's upper extremities, hands and wrists, seem to recover that their legs.

An important factor in improving these stroke patients' lives is expediting their functional recovery so they tend to start moving their dysfunctioned, recently learning limbs.

The Hong Kong Polytechnic University's Department of Rehabilitation Sciences has come up with a novel treatment device called "Rehabotex to Move."

It is designed for those with hemiplegia after having suffered a stroke or an intended surgery. The device is especially for someone suffering wristwatch that sends signals - like light vibration - at random intervals to remind patients it is time to move.

Kenneth Fung-Nak Lam, team leader and associate professor of the department, and his device aims to tackle the "Motivation non-use" problem.

The device is a small electronic device which motivates patients and stimulates them to move.

A typical person makes more use of his or her stronger hand to perform everyday tasks. It is common for stroke patients, one of which hand is impaired, they tend to avoid using it.

Mathematically supporting movement losses, patient unable to develop the limb further. For this reason, the device is designed to encourage movement in the other end, Fung said.

The traditional approach is called constraint-induced movement therapy. The patient's normal hand is strapped to a brace, forcing the patient to use their impaired hand. However, it is hard not to concentrate and hard for patient to use only one hand.

Using a single-handed can also hinder a person's rate of balance, increasing the risk of falling over.

Lam Kit-hung is chairman of the Hong Kong Rehabilitation Association, who has been recovering by movement. He had a stroke eight years ago when he was just 48, and the movement on the right side of his body was severely affected.

During his rehabilitation, he had to learn how to walk again. As a result, his legs recovered quickly but his hand recovery was much slower. He could not hold a pen to write, nor could he hold a glass to take a drink, let alone holding a plate to drink from it.

It is important for stroke patients to repeatedly practice motion with their affected limb. This will help them to improve their movement. However, patients generally try to avoid or become easily fatigued otherwise they don't feel like that limb."

Lam was seeing a dozen patients in his clinic every day, and each patient had to undergo training afterwards. He wore it in the three hours every day. His movements were recorded by a built-in accelerometer, which helps the therapist analyze both the frequency and intensity of the patient's movement.

Lam said the device has been much more effective than traditional methods of physical therapy. "I have now held a glass and drink water with my right hand. My hand is now more flexible. The device is convenient to use and I can continue with the treatment at home, without the need to go to the hospital, and I can do it more easily," he said.

"People used the device is not meant to replace the traditional approach to treating patients, but rather the top-down concept. Patients consciously use their hand and it can stimulate a limb."

The device is produced in limited quantities. The company has sold 100 units of the device produced under the Hospital Authority have started using it. The average cost of each device is about HK\$2,000. Hong Kong is yet to be compensated concerned in manufacturing the device. The company has a large website: <http://www.rjpoly.polyu.edu.hk>.

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改良式局限诱发动作治疗 (CIMT)

- 源於改良式局限诱发动作治疗 (Constraint-induced movement therapy, CIMT) 是其中一个针对中风上肢偏瘫之复康治疗法，此治疗之目的是以手套限制健侧手之动作，从而诱发及改善患侧上肢在日常生活中之使用。
- 也有用來改善半身忽略，但只用於輕度偏瘫上肢患者，考慮到局限时间長，安全系数，及效果未証實，使用率不高

Randomized controlled trial in 2 hospitals

研究(4)

Combined effects of sensory cueing and limb activation on unilateral neglect in subacute left hemiplegic stroke patients: a randomized controlled pilot study

Kenneth NK Fung¹, Nicole VH Yung², Marko KI Chan¹, Dora YL Chan¹, Andy FC Lau¹, Dick YW Chan¹, Joyce TY Cheung¹, Hokky KY Cheung¹, Raymond CK Cheung¹ and Cheowsa CH Chan¹

Abstract
Objective: To compare the effects of combined sensory cueing and limb activation with that of sham control in the treatment of unilateral neglect after stroke.
Design: A randomized, single-blind, sham-controlled pilot study.
Setting: Two rehabilitation hospitals.
Subjects: Stroke patients with left hemiplegic neglect.
Interventions: Participants were assigned randomly to 1 of 2 groups. The experimental group underwent a sensory cueing device over the hemiplegic arm for three hours a day, five days per week, for three weeks, and also underwent conventional rehabilitation. Patients were encouraged to move their hemiplegic arm five times during each session. The sham group underwent the same rehabilitation process except that a sensory cueing device was not used.
Main outcome measures: Neglect, arm motor performance, and event sequencing were measured pre- and post-treatment, as follows:
Results: There were no significant differences between groups in outcome measures except the neglect screening test ($p = 0.024$). The neglect score from baseline to follow-up assessment was 53 (3.7) in the experimental group and 54 (3.8) in the sham group. At the end of the intervention, the experimental group showed greater improvement in arm motor performance than did the sham group.
Conclusion: The results do not confirm that sensory cueing and limb activation treatment is effective when compared with those intensive physical therapy without neglect, but it might be useful for preventing hemiplegic arm performance in stroke patients.

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- 3 hours per day, 5 days per week for 3 weeks
- Used with limb activation
- Compared with Sham group
- Reduced unilateral neglect and increase use of arm

科系項目：物理及運動治療系研究工作坊（小組研究）

體能訓練提示手錶的操作

振动及声音提示器放在患侧上肢(左侧)



操作說明：

- 1. 在骨盆帶大筋的近下方的凹陷處上綁手錶帶。
- 2. 指導會說明：當你做健腹、抬腿和抬頭等運動時，或者在洗澡或洗頭時，請將此提醒器戴在左側的手腕上，並且以固定的方式將它戴在手腕上。
- 3. “震動”或是音量聲音在運動時約10秒後開始連續動作。
- 4. 在牆上有：枕頭部、腰帶前、肩膀後、頭部後側等處，這些都是我們在運動時容易忘記的部位。
- 5. 握拳時：握拳、拳頭、握拳。
- 6. 請將耳朵貼在牆面的空隙處，可以讓牆面吸收多才聲。

康復治療
Depar

治疗方法



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评估工具

评估

- 在第1天, 21天 and 42天用以下工具测试:
 - (1) 偏身忽略测试(BIT) - 常规测试(Wilson et al., 1986);
 - (2) 日常生活独立能力评分 - Motor Measure (FIM-MM) (UDSMR, 1994);
 - (3) 简短智能测验 (CMMSE) (Chi et al., 1994);
 - (4) 偏瘫上肢功能测试(FTHUE-HK) (Fong et al., 2004);
 - (5) Fugl-Meyer Assessment (FMA) (Fugl-Meyer & Jaasko, 1980);
 - (6) 活动量Motor activity profile from pedometers

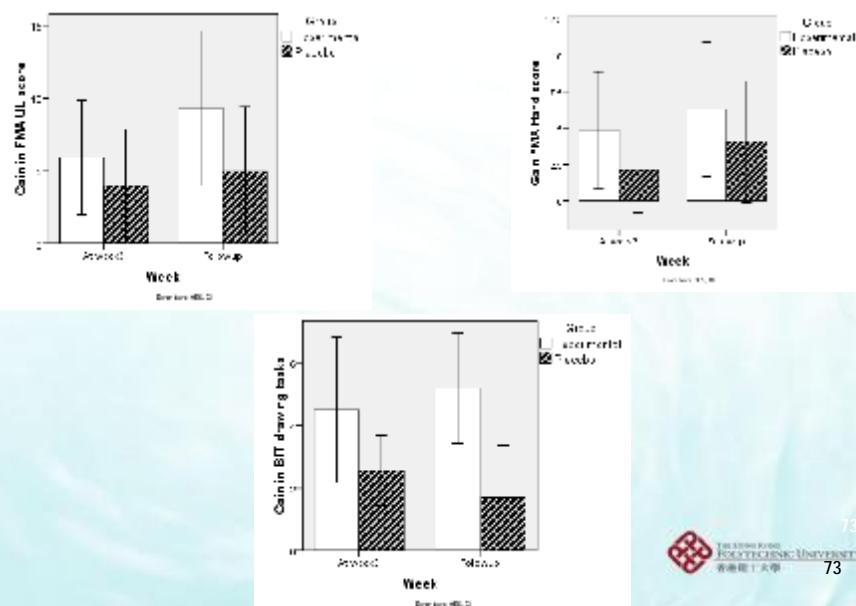
结果

- 实验组较安慰组在繪圖得分在三段时间(入院, 三星期, 六星期)都有明显分别.
- 忽略组较安慰组使用提示器的患手活动量有明显增加及手功能有明显改善

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Clinical Rehabilitation (2013)



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感知提示治疗儀器 - 第二代

- SCW-V2



- 美国专利US-2010-0160834-A1
- 中华人民共和国专利

提醒的方法-克服习惯性癱用



ORIGINAL ARTICLE

Effects of Sensory Cuing on Voluntary Arm Use for Patients With Chronic Stroke: A Preliminary Study

ARMANDA Y. KANG, PHD; JAY L. KARLSON, PhD; JEFFREY N. TAYLOR, PhD; DAVID A. CHAPMAN, PhD; RICHARD H. ZWILLING, PhD
Arch Phys Med Rehabil. 2011;92(1):20-24.

Objectives: To examine the effects of a 3-week program of sensory cuing on voluntary arm use in the chronic phase of stroke.

Design: A pretest-posttest design.

Setting: A community-based rehabilitation center.

Participants: Ten community-dwelling chronic stroke survivors (mean age, 61 years) who had been poststroke for at least 1 year and had no cognitive impairment.

Intervention: Participants received 3 hours per day of sensory cuing for 2 weeks.

Measurements and Main Results: Participants were evaluated using the Fugl-Meyer Assessment, the Motor Activity Log, and the Functional Independence Measure. The intervention was successful in improving voluntary arm use in all participants. The mean change in the Fugl-Meyer Assessment score was 10.5 points (SD, 10.5), and the mean change in the Motor Activity Log score was 1.2 (SD, 0.8).

Conclusion: Sensory cuing was used by 10 adult patients with chronic stroke to improve voluntary arm use.

Keywords: Cerebrovascular accident; Hemiparesis; Rehabilitation; Stroke; Training.

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In the United States, approximately 700,000 new cases of stroke occur each year, and about 15 million Americans have survived stroke. Stroke survivors often experience significant functional deficits, particularly in the upper limb, which can lead to reduced independence and quality of life.¹

For many years, the standard approach to the treatment of hemiparesis has been to provide repetitive, task-specific training to facilitate the recovery of voluntary movement.

However, the results of these interventions have been mixed.

Although some studies have shown positive results,²⁻⁴

others have not.⁵⁻⁷ In addition, the amount of time required to

achieve meaningful improvements in function is often unclear.

Given the heterogeneity of stroke survivors, it is important to identify effective interventions that can be tailored to individual needs.

One promising approach is to use sensory cuing to facilitate voluntary movement. Sensory cuing is a technique that uses external cues to remind the patient of the goal of the task and to provide feedback during performance.

For example, a visual cue such as a hand or a stick figure can be placed near the patient's hand to indicate the direction of movement or the position of the hand.

Other types of cues include auditory, olfactory, and tactile stimuli. These cues can be used to remind the patient of the task and to provide feedback during performance.

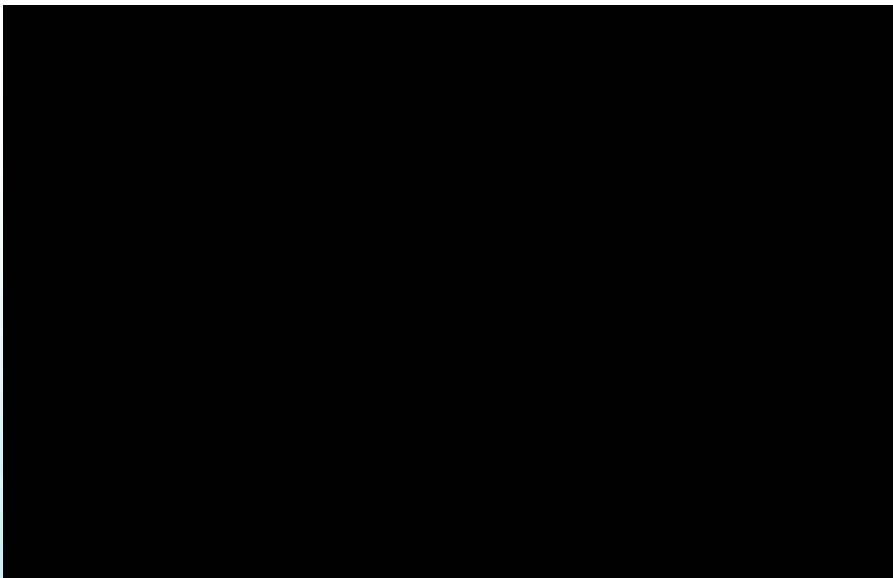
Several studies have examined the use of sensory cuing to facilitate voluntary movement in stroke survivors.

For example, a study by Kang et al⁸ found that sensory cuing

研究(5)

- Community chronic stroke survivors
- 3 hours per day for 2 weeks
- Improved arm functions
- More suitable for moderate impairment

感知提示治疗



Published in
HUMAN NEUROSCIENCE

Rehabilitation interventions for unilateral neglect after stroke: a systematic review from 1997 through 2012

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A systematic review of the effectiveness of rehabilitation for patients with unilateral neglect after stroke was conducted by searching the medical databases from 1997 to 2012. Randomized controlled trials (RCTs) of neglect treatment strategies for stroke patients, which used the Behavioral Inattention Test (BIT) as the primary outcome measure, were eligible for inclusion. Out of 201 studies initially identified, 12 RCTs involving 277 participants were selected for analysis. All had the same recruitment of power with similar samples and limitations in the blinding of the design. When publication bias was considered, the effect size of the total sample size was $\text{ES} = -0.30$, $95\% \text{ CI} = -0.50$ to -0.10 , $p = 0.005$. When the BIT total score improved in a statistically significant manner ($\text{ES} = 0.38$, $95\% \text{ CI} = 0.18$ to 0.58 , $p < 0.0001$), the mean improvement in the BIT total score was 0.68 (95% CI = 0.48 to 0.88, $p < 0.0001$). There was no significant difference between the total scores of the BIT before and after intervention ($\text{ES} = 0.00$, $95\% \text{ CI} = -0.20$ to 0.20 , $p = 0.99$). The results indicated that RCTs of neglect treatment strategies for stroke patients were effective in improving the BIT total score. However, the results of the present study suggested that the effect sizes of the total sample size and the total scores of the BIT were not statistically significant. This may be due to the heterogeneity of the included studies. Future studies should be done on repetitive transcranial magnetic stimulation (rTMS) before it can be concluded that it is a promising treatment for UN.

Keywords: rehabilitation, review, stroke, unilateral neglect, rehabilitation, Behavior Inattention Test

INTRODUCTION

Unilateral neglect (UN) is a heterogeneous perceptual disorder that occurs in patients who are impaired after right hemisphere lesions. Its most typical feature is failure to ignore or respond to stimuli presented from the contralateral space, including visual, somatosensory, auditory, and olfactory stimuli. Patients may even fail to perceive their own right-sided body parts (Lafargue et al., 1998). UN following left hemisphere damage (Guzzetta et al., 2001), below selective attention, lesions site, the nature of testing of the outcomes, and lack of agreement among authors, make it difficult to draw conclusions about the effectiveness of interventions (Guzzetta et al., 2001; Gazzola et al., 2002). UN has a significant negative impact associated with functional recovery in stroke (Bullock et al., 2000; Iannetti et al., 2002).

Different rehabilitation approaches have been developed to evaluate and address UN. The most recent literature shows that rehabilitation can be classified under two types of behavioral approaches, including the hemispatial training or spatial approach for the spatial neglect, as follows: training of the spatial awareness, training of the memory, training of the executive function, and training of the language (Price and Mathes, 2002; Patil et al., 2003). More than 14 methods using these general approaches have been put into practice (Guzzetta et al., 2001) with varying results based on a large number of outcome measures. Although the reported qualities are moderate to poor of the RCTs in neglect rehabilitation (Ying et al., 2012).

2013 篩查文章

Frontiers in
Neuroscience

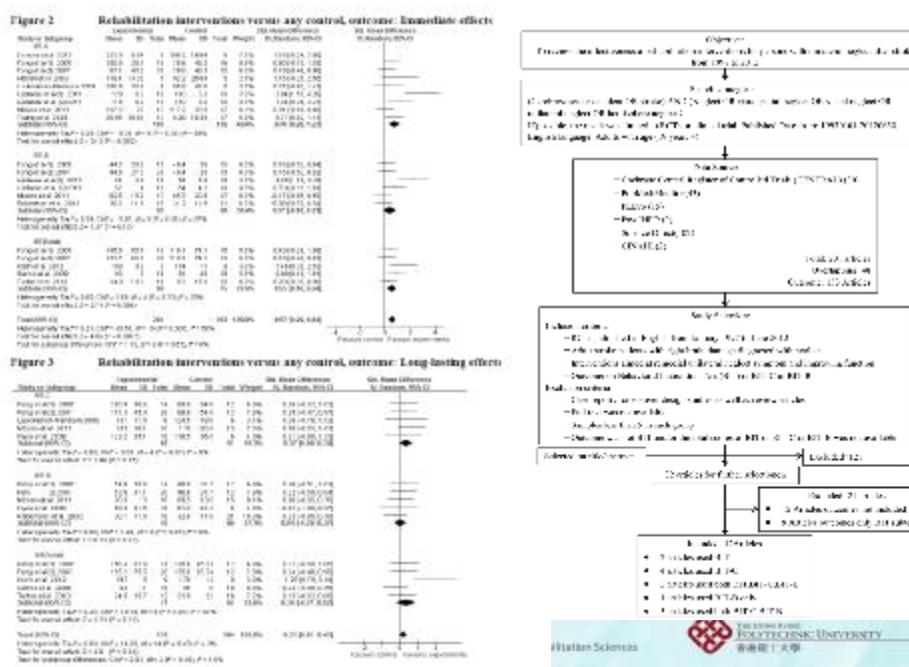
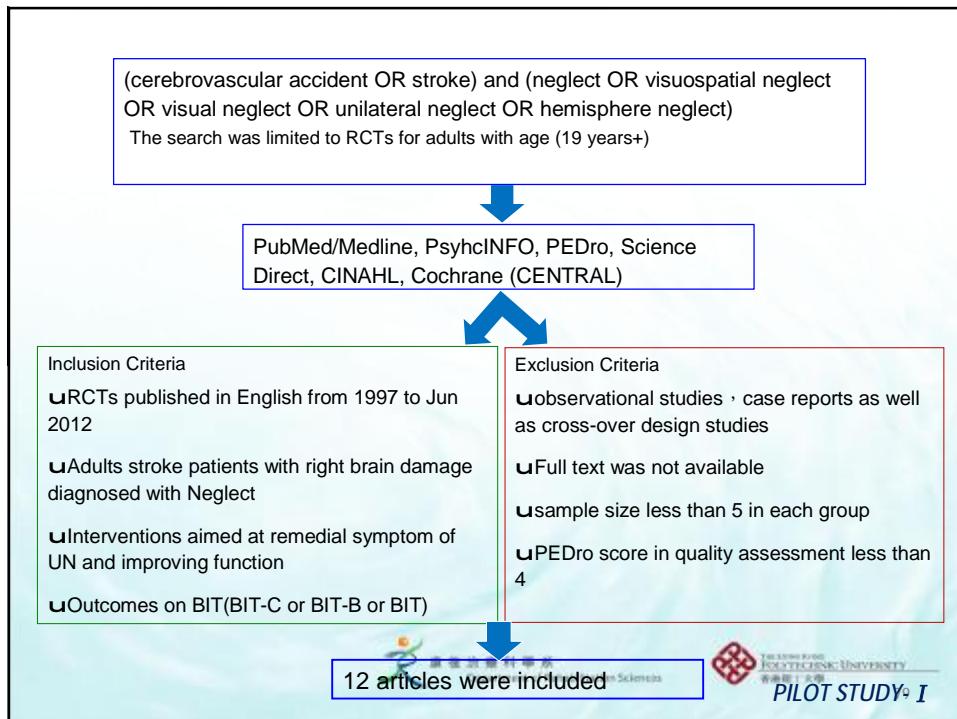
研究(6)

n PA and rTMS is better in immediate effect

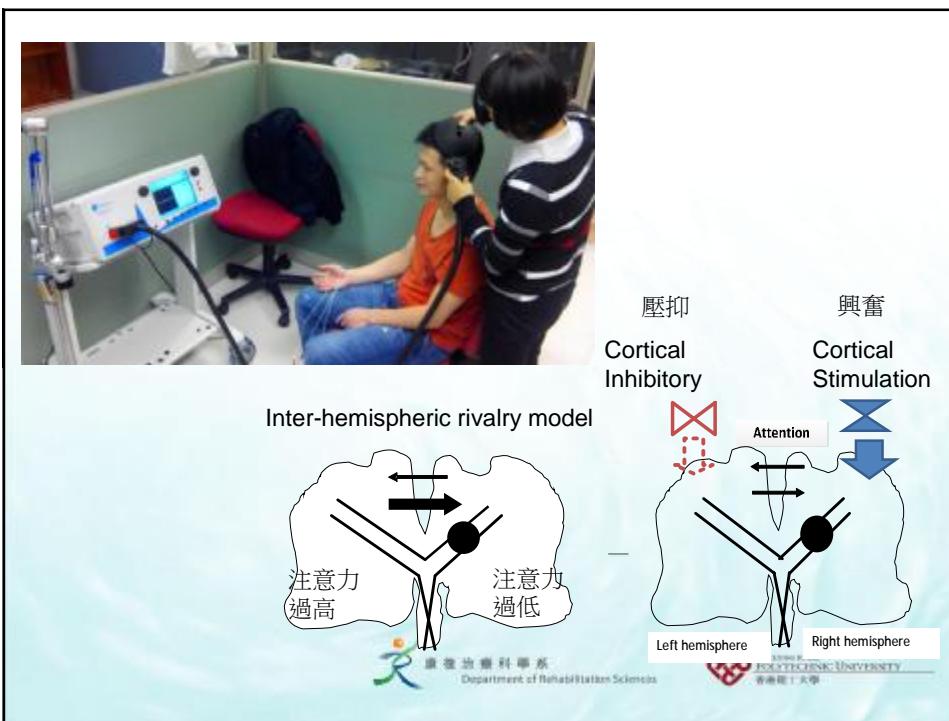
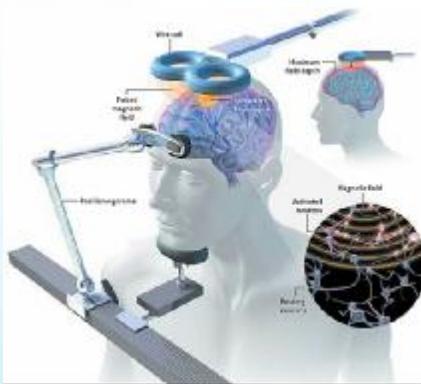
n rTMS is better in long-term effect

n Studies on rTMS is not enough

聯系
The Chinese University
of Rehabilitation Sciences



重复性跨顱磁性刺激 (rTMS)



rTMS安全系數

- 大量研究证明按照指南使用是安全的治疗技术。主要是风险对象体内是否隐藏有外来金属物体，例如心脏起搏器，外科动脉瘤支架等等，和怀孕。
- 少数患者在治疗过程中或治疗结束后可能会出现暂时性紧张性头痛，休息后多能缓解，极少数患者会出现暂时性耳鸣，可以通过佩戴耳塞等预防。
- 有治疗诱发癫痫的个案报道，但严格控制治疗参数的情况下，极少发生。



低频 (Low-frequency) rTMS

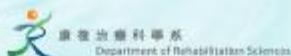
研究(7)

- 4位患者
- 15分鐘，每週5天，共計2週，安全舒適的坐位，一個“8”字形的線圈將會放於頭部left posterior parietal cortex (PPC) (left P5)
- 密度 Intensity <90% 肌電幅度 (motor threshold, MT), 1Hz, total = 900 pulses



重复性短高频 (Theta burst stimulation, TBS)

- 間歇性-興奮 (iTBS) 或 連續性-壓抑(cTBS)
- 3 次重复性短高频TMS (30–100Hz) 以 (theta-freq 4–7Hz) 重复
- Koch et al. (2012) 的研究只做了9位患者 - 3 次高频50Hz, 以200ms, 5Hz) 重复, 密度80% 肌電幅度 (MT), 共 600 pulses



重复性短高频研究 研究(8)

- 20位患者分兩組, 高頻組及安慰組 (SHAM)
- 參加者會接受每次44秒, 共四次的高頻透顱磁刺激治療, 共2日
- X 15 min X 60 min X 75 min X
- cTBS 801 pulses (267 bursts X 3 pulses 6 Hz)



跨顱磁性刺激 rTMS

- Transcranial magnetic stimulation (TMS) is a safe and non-invasive procedure to detect or modulate brain activity by passing a strong brief electrical current through an insulated wired coil placed on the skull which generates a transient magnetic field in the brain (Hummel & Cohen, 2006).
- TBS is a kind of rTMS using a lower stimulation intensity and a shorter time of stimulation to induce long lasting effects in the cortex (Cárdenas-Morales et al., 2010).



单侧忽略的康复进程

- 常伴随认知障碍，严重偏瘫，健侧推倒症候群 (pusher syndrome)
- 一般单侧忽略障碍的康复程度参差，部份单侧忽略会随时间自然改善，原因不明，部份原因可能是环境上或康复训练刺激。
- 一部份忽略障碍是永久性，因此病者需要加强练习受影响之功能去克服残损 (Overlearning)，学会运用重复性的步骤或补偿技巧 (Compensation)



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问题讨论时间

谢谢!